This plan has been prepared with the Federal “Opening Up America” and State “Healthy at Work” guidelines in mind. Furthermore, it will keep the health and wellness of the citizens of Prestonsburg, Floyd County and surrounding counties in mind. The Federal guideline lays out 3 pre-requisites that must be met before beginning to lift any current restrictions. For practical purposes we will base our statistics on a 6-county (Floyd, Pike, Martin, Johnson, Knott, Magoffin) region due to the reasonable expectation that residents will travel to and from these counties on a daily basis. With that region in mind it is reasonable to say that we have not suffered a severe outbreak of the coronavirus but also understand the importance of maintaining guidelines for businesses and thus have created this 3 Phase plan to allow businesses that are now closed within the city limits of Prestonsburg to begin returning to work. All businesses within the City will be encouraged to follow these guidelines as they will be enforced by the local government. We are also aware the state of Kentucky is currently planning to wait until Phase 2 of the “Healthy at Work” plan before allowing businesses to re-open, we feel strongly that due to the small size of outbreak in the outlined 6 county region that handling the re-opening on a local level will allow prompt and adequate response should there be a sudden spike in cases.

**Timeline of Phases**

- **Phase 1**
  - Begin as early as May 11
  - Will last a minimum of 14 days
  - If there is a spike (defined by a single day increase of 10+ cases, outside of excessive cases due to reporting issues) in cases businesses will close to in person traffic

- **Phase 2**
  - Begins a minimum of 14 days after Phase 1
  - Will last at a minimum of 14 days
  - If cases spike at any time during Phase 2, we will revert to Phase 1 and restart the timeline
  - This Phase may be extended 7 days at a time should cases show a steady increase
  - There should be a decrease of current cases and daily reported cases to move into Phase 3

- **Phase 3**
  - Begins a minimum number of days after Phase 2
  - This Phase is intended to last until there is a vaccine or effective treatment developed
  - If there should be a spike in cases we will revert to Phase 2
  - Due to the anticipation of another outbreak in the Fall/Winter months Phase 2 and Phase 1 can be preemptively activated to stop the virus spread while allowing business to continue.

*All square footage is determined by the retail, workout or non-storage area*
Phase 1

Retail Business

- Occupancy shall be based on 1 person per 200 sq. ft. (including workers)
- All employees shall have access and use proper PPE (masks, gloves)
  - Employees should self-monitor for any symptoms of virus and stay home if feeling sick
- Hand sanitizer shall be available for all customers and employees
- Social distancing of 6’ shall be strictly enforced (This shall be taken into account when determining occupancy, just because you have the sq. footage for 15 people does not mean you have enough room in-store to accommodate them and maintain 6’ of separation.)
- One household member at a time, with following exceptions
  - Minor child due to lack of childcare (Limit 1)
  - Special needs that require assistance
- Businesses are encouraged to accommodate high risk groups with specific hours for them only

Face-to-Face Business (Hair Salons, Chiropractors, Pet Groomers, Attorneys, Tattoo Artists, etc.)

- Salons/Barbers should ensure there is at least 6’ between stations or partitions installed
  - If possible, coordinate work schedules to allow an empty station between stations
- Waiting rooms shall be closed and Patients/Clients shall wait in cars until called in
- All employees shall wear proper PPE and should consider requiring Patients/Clients to do the same
  - Employees should self-monitor for any symptoms of virus and stay home if feeling sick
- Hand sanitizer shall be available for all customers and employees
- Stations should be thoroughly cleaned after each Patient/Client, using appropriate disinfectant

Gyms/Personal Trainers

- 1st Phase would allow one person per 300 square foot of workout area, see list below for specific protocols (square footage is determined from actual work out area)
- Personal trainers will be allowed to operate under the same guidelines as Face-to-Face Business

Restaurants

- Occupancy shall be based on 1 person per 200 sq. feet of dining area (including workers)
- All employees shall have access and use proper PPE (masks, gloves)
  - Employees should self-monitor for any symptoms of virus and stay home if feeling sick
  - Employees Temperature should be taken a minimum of twice during shift
- Employees are required to sanitize hands between each interaction with customers (gloves may give false sense of security and allow virus to spread from table to table)
- To ensure proper social distancing restaurants shall reserve empty seating between each occupied table/booth
- No group gatherings allowed, only household units allowed to dine together
- Each seating area shall be thoroughly cleaned after each party exits using appropriate disinfectant
Bars

- Bars will not be opened due to difficulty of limiting face to face distancing until Phase 3

Phase 2

Retail Business

- Occupancy shall be based on 1 person per 144 sq. ft. (including workers, this takes into account 360° of social distancing) of the retail sales area
- All employees shall have access and use proper PPE (masks, gloves)
  - Employees should self-monitor for any symptoms of virus and stay home if feeling sick
  - Temperature should be taken of each employee a minimum of twice daily
- Hand sanitizer shall be available for all customers and employees
- Social distancing of 6’ shall continue to be enforced
- Multiple household members shall be allowed at a time, but will continue to encourage the 1 only rule
- Businesses are encouraged to accommodate high risk groups with specific hours for them only

Face-to-Face Business (Hair Salons, Chiropractors, Pet Groomers, Attorneys, Tattoo Artists, etc.)

- Salons/Barbers should ensure there is at least 6’ between stations
  - If possible, coordinate work schedules to allow an empty station between stations
- Waiting rooms can reopen if proper social distancing can be maintained, however if possible, it is preferred to maintain same guidelines as Phase 1
- All employees shall wear proper PPE and should consider requiring Patients/Clients to do the same
  - Employees should self-monitor for any symptoms of virus and stay home if feeling sick
  - Temperature should be taken of each employee a minimum of twice daily
- Hand sanitizer shall be available for all customers and employees
- Stations should be thoroughly cleaned after each Patient/Client, using appropriate disinfectant

Gyms/Personal Trainers

- Gyms shall reopen following the 1 person per 150 sq. ft. of workout area occupancy rule
- Personal trainers will be allowed to operate under the same guidelines as Face-to-Face Business
- See specifics listed below

Restaurants

- 50% of occupancy allowed per dining area, including staff
- All employees shall have access and use proper PPE (masks, gloves)
  - Employees should self-monitor for any symptoms of virus and stay home if feeling sick
- Employees are required to sanitize hands between each interaction with customers (gloves may give false sense of security and allow virus to spread from table to table)
- Encouraged to maintain social distancing between tables/booths, the more space the better
- Groups from different households will be allowed, but encouraged to keep to a minimum
• Each seating area shall be thoroughly cleaned after each party exits using appropriate disinfectant

Bars
• Bars will be allowed to open at 50% occupancy
• There must be 6’ social distancing observed between each seat
• Groups should be limited to two people, those two will be allowed to sit next to each other while maintaining the 6’ spacing on each side of the group
• Servers shall wear masks and sanitize hands between serving each customer
• The bar and seating area should be properly disinfected after each customer leaves

Phase 3
Retail Business
• Occupancy can return to normal levels
• Social distancing is still recommended
• All employees shall still have access and use proper PPE (masks, gloves)
  o Employees should self-monitor for any symptoms of virus and stay home if feeling sick
• Hand sanitizer shall be available for all customers and employees
• No limit on number of customers based on household size
• Businesses are still encouraged to accommodate high risk groups with specific hours for them only

Face-to-Face Business (Hair Salons, Chiropractors, Pet Groomers, Attorneys, Tattoo Artists, etc.)
• Salons/Barbers can return to normal work station spacing, but should still keep social distancing guidelines in mind and use best judgement
• Waiting rooms can reopen if proper social distancing can be maintained, however if possible, it is preferred to maintain same guidelines as Phase 1
• Employees are still encouraged to wear masks, especially those that work in close proximity to their customers
  o Employees should self-monitor for any symptoms of virus and stay home if feeling sick
• Hand sanitizer shall be available for all customers and employees
• Stations should be thoroughly cleaned after each Patient/Client, using appropriate disinfectant

Gyms/Personal Trainers
• Gyms can reopen following normal occupancy
  o The gym shall supply the necessary products to do this at every station if feasible or separate sanitization stations throughout the gym
• If gyms are open 24hrs an employee are no long required to be present, but proper sanitation supplies should be available for gym members to sanitize equipment after use
Restaurants

- Return to normal occupancy
- All employees shall have access and use proper PPE (masks, gloves)
  - Employees should self-monitor for any symptoms of virus and stay home if feeling sick
- Employees are required to sanitize hands between each interaction with customers (gloves may give false sense of security and allow virus to spread from table to table)
- Encouraged to maintain social distancing between tables/booths, the more space the better
- No restrictions on groups from different households, however should consider limiting party size to 8 or less
- Each seating area shall be thoroughly cleaned after each party exits using appropriate disinfectant

Bars

- Bars will be allowed to open at 75% occupancy
- Bars should clear enough floor space to allow as much room between customers as practical
- No restrictions on groups from different households, however should consider limiting parties to 4 or less
- Servers are still encouraged to wear masks and sanitize hands between serving each customer
- The bar and seating area should be properly disinfected after each customer leaves

Gyms

- Must wear full fingered gloves cloth or leather workout gloves will be acceptable
- Masked at all times, medical masks are not necessary but a mask to control spittle is needed
- Bring a towel or rent one at gym
- Temperature checks at door before entering
- No backdoor entry
- Cardio Equipment (treadmills/Stationary Bikes) spaced over 6 feet apart
- Personal Clients will have scheduled times
- Elderly Clients 8am -10am (ages 55+)
- Clients will be spaced per individual gym's policy